WHO HAS HEARING LOSS?

1/6 people (18-64) have a diagnosed hearing loss.

Men are affected more than women.

CHILDREN ARE AT RISK TOO

In just 8 years, there was a 30% increase in adolescent hearing loss.

YOUR JOB COULD BE HARD ON YOUR HEARING

Law enforcement personnel and teachers are among many professionals at higher risk.

RISKS AND CONSEQUENCES

Hearing loss hurts, untreated hearing loss leads to:
- Fatigue, stress and depression
- Social isolation and loneliness
- Loss of personal safety
- Impaired memory and learning

Smoking, obesity and medications (including common pain relievers) all increase your risk.

Noise is the most common (and preventable) cause of hearing loss.

People lose around $1,000 in income for every 10% increase in hearing loss.

WHAT YOU CAN DO

PRACTICE HEALTHY HEARING HABITS

1 in 4 had their hearing checked in the past two years.

Only 1 in 5 people who could benefit from a hearing aid wear one.

TURN DOWN THE SOUND!

Limit your noise exposure, and wear hearing protection when you can.

MAKE SURE YOU'RE COVERED

Hearing aids – the most common treatment for hearing loss – can cost thousands, but are mostly covered by standard medical insurance.

Find out about hearing health insurance & remember to use your HSA or FSA – hearing aids are eligible expenses.

30% of employees suspect they have a hearing loss, but have not sought treatment.

SCARY BUT TRUE!

EPICHEARING.COM/LISTENHEAR

Brought to you by ListenHear, a public education initiative made possible by EPIC Hearing Healthcare.